



ASR LUX SCIENTIAE HOMOEOPATHICAE



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Precision in Practice, Excellence in Education

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Welcome to the January 2026 edition of *Lux Scientiae Homoeopathicae*. As we step into a new year, our institution continues to stand at the vanguard of medical education and clinical excellence. This month's issue reflects a profound synergy between the rigorous classical foundations of our system and the evolving demands of 21st-century healthcare.

We are honored to feature a lead article by our Principal, **Dr. Ananda Kumar Pingali**, who challenges us to view "Case Taking" through the lens of a **forensic mission**. By revisiting Boenninghausen's "Seven Circumstances," Dr. Pingali provides a structured toolkit for practitioners to move beyond superficial narratives. This "Targeted Totality" is not merely a philosophical goal but a clinical necessity for achieving the "gunshot prescription"—precision that hits the mark in complex pathologies.

Complementing this, **Dr. Pulla Uma Maheswari** offers a comprehensive framework for the **Integrated Management of ADHD**. Her work exemplifies how modern diagnostic protocols, such as the Vanderbilt and Conners scales, can be seamlessly integrated with deep miasmatic and constitutional prescribing. It serves as a vital reminder that in the realm of neurodevelopmental disorders, our strength lies in treating the unique individual behind the diagnosis.

A Season of Milestones

The start of this year was made even more luminous by the celebrations of the previous month.

December was a historic period for **ASR Homoeopathic Medical College & Hospital**:

- **The Dawn of a New Legacy:** We celebrated the **1st Graduation Ceremony** of our college. It was a moment of immense pride to witness our inaugural batch transition from students to healers. These young professionals carry with them the torch of *Lux Scientiae*, ready to serve the community with both skill and compassion.
- **Spirit of Unity:** Our campus was filled with warmth and joy during our **Christmas Celebrations**, a time where the faculty and student body came together to celebrate peace and the spirit of giving that defines our medical calling.

As you flip through these pages, you will find reports on these events alongside our scholarly contributions. We remain committed to fostering an environment where academic inquiry meets clinical heart. May this issue inspire you to refine your "forensic" skills and approach every case with the precision and empathy our science demands.

CASE TAKING: THE FORENSIC MISSION AND BOENNINGHAUSEN'S TOTALITY IN MODERN CLINICAL PRACTICE

Prof. Dr. Ananda Kumar Pingali

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Abstract

Modern clinical practice requires a shift from superficial patient interviews to a structured, analytical investigation. This article explores the application of Dr. Clemens von Boenninghausen's "Seven Circumstances"—derived from Roman Jurisprudence—as a forensic toolkit for achieving precision in homoeopathic prescribing. By moving from a "recorder" mindset to that of a "forensic analyst," practitioners can reach a level of "Targeted Totality" essential for managing the complex disease spectrum of the 21st century.

Introduction: The Anatomy of an Investigation

In the homoeopathic context, case taking is not a casual dialogue but a forensic mission. While a routine medical interview may remain superficial and narrative, much like a local police report, a true homoeopathic investigation must operate at a deeper, analytical level. The primary objective is not merely the diagnosis of a disease entity, but the discovery of the unique individual. Within this framework, every minute detail shared by the patient serves as "key evidence" for the selection of the most similar remedy.

The Boenninghausen Methodology: A Jurist's Precision

Dr. Boenninghausen, a scholar and jurist, successfully integrated the rigor of law into medical success. By applying the logic of Roman Jurisprudence to patient care, he established a method that looks beyond obvious symptoms to find the core of the case. He adopted the "Seven Circumstances" (Hexameter), providing a \$360^{\circ}\$ analytical toolkit to ensure a comprehensive understanding of the patient's state.

The Seven Circumstances (The Investigator's Toolkit)

The diagnostic process is guided by seven critical questions that form the basis of the individual's totality:

- **Quis (Who?):** Focuses on the patient's unique personality, temperament, and physical constitution.
- **Quid (What?):** Examines the specific nature, sensation, and essence of the symptoms.
- **Ubi (Where?):** Identifies the exact location, affected organ, and specific tissue affinity.
- **Cur (Why?):** Investigates the etiology or cause, such as environmental factors, injury, or emotional grief.
- **Quibus Auxiliis (By what means?):** Analyzes concomitant symptoms—those distinct manifestations that appear alongside the main complaint.
- **Quomodo (How?):** Evaluates modalities, including all factors that aggravate or ameliorate the patient's condition.
- **Quando (When?):** Documents the timing, periodicity, and rhythm of the symptom's action.

Discussion: The "Gunshot Prescription"

Precision in prescribing is achieved through the "Targeted Totality," which is the sum of all seven circumstances. This process of individualization involves matching the specific remedy profile to the patient's profile. By moving from clinical "guesswork" to "evidence-based selection," the practitioner can achieve a "gunshot prescription"—an intervention that is precise, targeted, and highly effective.

Conclusion

Precision is the new standard of excellence in homoeopathic medicine. A shift in mindset from "Recorder" to "Forensic Analyst" is required to solve today's complex pathologies. Utilizing the forensic detail provided by Boenninghausen's structured method ensures that prescriptions move beyond generalities toward a targeted totality, ultimately improving patient outcomes.

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THE INTEGRATED MANAGEMENT OF ADHD: CLINICAL ASSESSMENT PROTOCOLS AND HOMEOPATHIC THERAPEUTICS

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Abstract

Attention-Deficit/Hyperactivity Disorder (ADHD) presents a significant challenge in pediatric and adolescent medicine, characterized by persistent patterns of inattention, hyperactivity, and impulsivity. While conventional pharmacological interventions focus on neurotransmitter modulation, Homeopathy offers a holistic, constitutional approach aimed at neurological stabilization. This article outlines a standardized framework for the clinical assessment of ADHD using validated psychometric tools and explores the selection of homeopathic simillimum based on miasmatic and characteristic symptom profiles.

Keywords: ADHD, Homeopathy, Clinical Assessment, Vanderbilt Scale, Constitutional Remedy, Neurodevelopmental Disorders, Materia Medica.

1. Introduction

ADHD is a complex neurodevelopmental disorder with a global prevalence of approximately 5–7% in children. The condition often persists into adulthood, manifesting as executive dysfunction and emotional dysregulation. In Homeopathic philosophy, ADHD is viewed as an expression of internal disequilibrium, requiring a deep understanding of the patient's mental temperament, physical generals, and miasmatic background. Effective management requires bridging the gap between clinical diagnosis and individualized therapeutics.

2. Clinical Assessment and Diagnostic Protocols

A rigorous diagnostic process is essential to differentiate ADHD from other behavioral or learning disorders. A multi-informant approach—collecting data from parents, teachers, and the patient—is the gold standard.

2.1 Validated Rating Scales

- **Vanderbilt ADHD Diagnostic Rating Scale (VADRS):** Utilized to gather corroborative data from parents and teachers. It assesses the 18 DSM-5 symptoms and screens for comorbidities like Oppositional Defiant Disorder (ODD) and Conduct Disorder.
- **Conners 4th Edition (Conners 4):** Regarded as the premier tool for assessing symptom severity, executive function, and the impact of ADHD on academic and social domains.
- **Adult ADHD Self-Report Scale (ASRS v1.1):** A critical tool for late-onset or adult presentations, focusing on internal restlessness and organizational challenges.

2.2 Objective Clinical Observation

The clinician must observe the patient's non-verbal cues during the consultation:

- **Motor Activity:** Fidgeting, inability to remain seated, or "perpetual motion."
- **Impulsivity:** Interrupting the physician, inability to wait for turns, or hurried speech.
- **Attention Span:** Ease of distractibility by ambient noise or visual stimuli in the clinic.

3. Homeopathic Case-Taking and Totality

The homeopathic assessment transcends the clinical diagnosis by identifying the **Individualizing Characteristics** (PQRS symptoms).

- **Mental Temperament:** Identification of the core emotional state (e.g., anger, shyness, jealousy, or fear).
- **Physical Generals:** Analysis of thermal reactions, food cravings (e.g., desire for sweets or piquant food), and sleep patterns.
- **Miasmatic Analysis:** Evaluating the predominant miasm (Psora for functional restlessness, Sycosis for impulsivity/aggression, or Tubercular for the desire for constant change).

4. Therapeutic Indications: Comparative Analysis

The selection of the remedy depends on the "Totality of Symptoms." Below are the most frequently indicated remedies in ADHD management:

Remedy	Clinical Presentation	Key Modalities & Generals
Tarentula Hispanica	Extreme physical restlessness; hurriedness; destructive impulses.	Amelioration: Rhythmic music and dancing.
Hyoscyamus Niger	Hyperactivity with "clownish" behavior; impulsivity; loquacity.	Aggravation: Emotional excitement or jealousy.
Baryta Carbonica	Cognitive delays; lack of self-confidence; physical dwarfishness.	Generals: Enlarged glands; shyness with strangers.
Stramonium	ADHD with intense fears; aggressive outbursts; night terrors.	Aggravation: Darkness, being alone, or bright lights.
Calcarea Phosphorica	"School-room" headaches; dissatisfaction; desires travel.	Generals: Craves smoked meats; thin, anemic build.

5. Integrated Management and Follow-up

Management of ADHD requires a synergistic approach combining the homeopathic simillimum with ancillary support:

1. **Nutritional Modulation:** High-protein diets and the exclusion of artificial additives/dyes to reduce neurological irritability.
2. **Behavioral Intervention:** Implementation of structured routines and "Heavy Work" (proprioceptive input) to ground the patient.
3. **Monitoring Progress:** The **Clinical Global Impression (CGI)** scale should be used at each follow-up to objectively measure the degree of improvement.

6. Conclusion

The integration of standardized clinical tools with the individualized approach of Homeopathy provides a comprehensive pathway for ADHD management. By addressing the constitutional susceptibility of the individual, Homeopathy facilitates neurological harmony and improves the quality of life without the side effects often associated with long-term stimulant use.

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DECEMBER 5TH 2025 – FIRST GRADUATION









CHRISTMAS CELEBRATIONS

